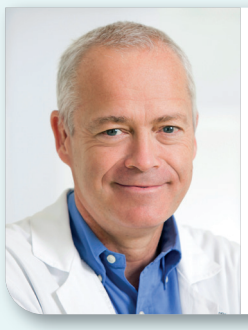
Becoming better clinicians

EU ACME and the power of continuous growth



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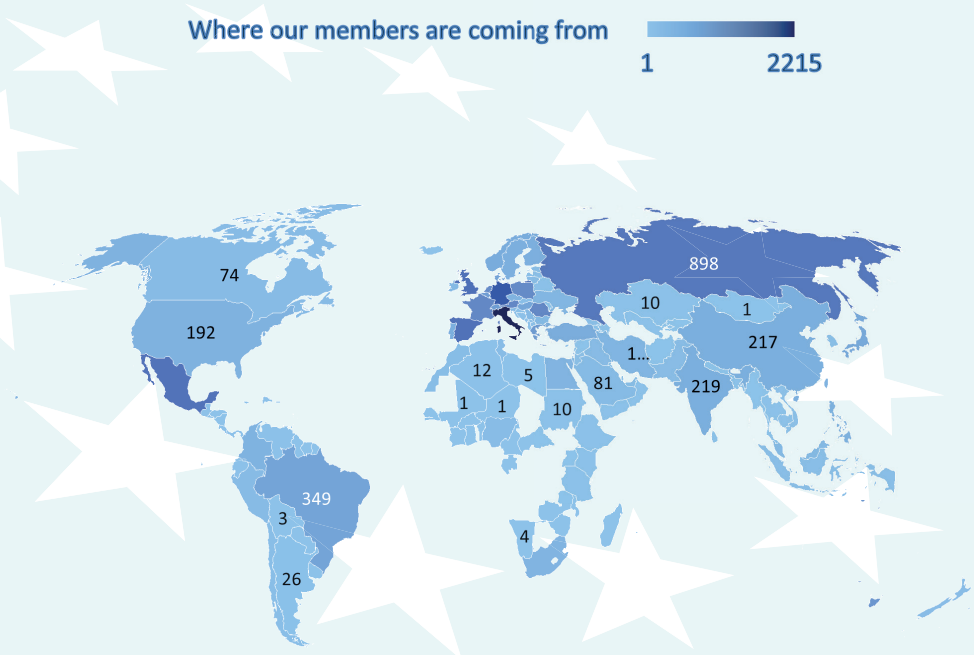
In hospitals across Europe, the end of the day rarely means the end of learning. Long after the last patient has been discharged and the clinical discussions have faded, countless professionals take a brief, quiet moment before heading home. They open their laptops, log into their **MyCME** portfolios, and record the workshop, seminar or module they completed that week.

For many clinicians, this small routine serves as a grounding reminder. It is a moment of reflection—a way to acknowledge that growth is still happening, even amid the pressures of daily practice. No matter how experienced they are, there is always another skill to sharpen, another insight to gain, another step toward becoming better.

This mindset is at the heart of the **EU ACME** programme, which has grown into a global community of more than **20,400 urology professionals across 149 countries**. The programme's strength lies not simply in its numbers, but in the shared belief that excellence is a continuous journey, not a completed milestone.

EU ACME

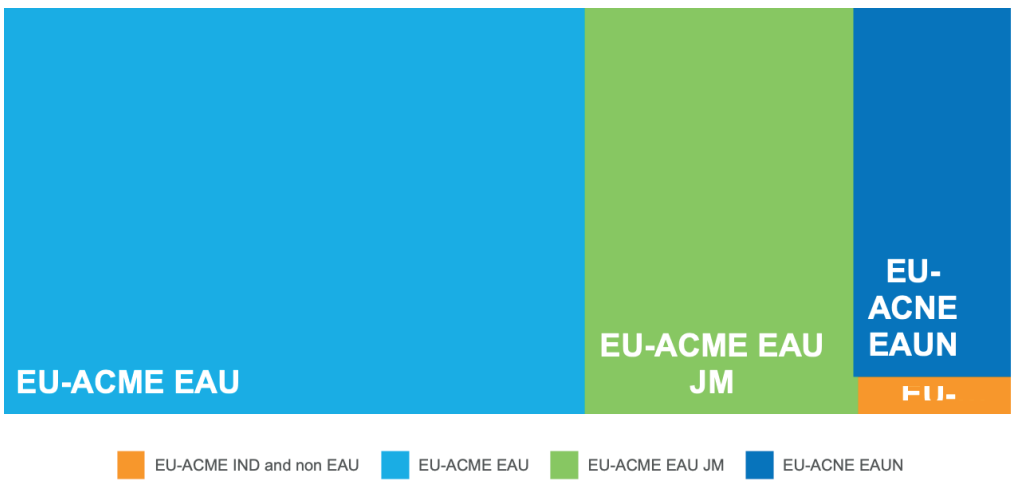


A community united by the desire to improve

EU ACME connects urologists, trainees and nurses across borders, offering a shared framework for professional development. In 2025, the programme supported:

- nearly **12,000 specialists**
- over **5,400 junior clinicians,** and
- more than **2,800 nurses**—all committed to maintaining and expanding their expertise.

Across operating rooms, outpatient clinics and research departments, professionals rely on the programme to stay aligned with evolving evidence, new techniques and best practices. When clinicians engage in the programme's assessment tools—such as the **2,542 MCQs answered in 2025**—they are not just testing knowledge; they are participating in a collective pursuit of mastery.



> ***Ultimately, the true value of EU ACME lies in what continuous learning brings to patients: more informed decisions, safer procedures, and more compassionate care. As medical science evolves, so must the professionals who deliver it.***

EU-ACME MCQ winners EAU26

From 1 January to 31 December 2025, EU-ACME members answered multiple questions published in European Urology. Three participants who answered most questions correctly were awarded a free registration for the **41st Annual EAU Congress in London, UK** to be held from 13 to 16 March this year.

The EAU26 winners are:

- **Dr. C. Adamou (CME-143954), UK**
- **Dr. E. Pozzi (CME-149944), Italy**
- **Dr. M. Filzmayer (CME-153434), Germany**

On behalf of the EU-ACME committee, chairman Prof. M. Babjuk, congratulated the winners for their successful participation in our online CME programme!

Education that fits the real world

The demands of modern healthcare are relentless, and EU ACME's educational options reflect this reality. The programme registered **1,489 accredited activities in 2025,** offering flexible ways to learn:

- In depth CME activities for focused study
- Practical CPD modules that fit between clinical tasks
- Specialised CNE programmes designed for nursing teams

Whether a professional participates in a full day course or completes a short online update during a quiet moment, the programme ensures learning remains accessible, meaningful, and tailored to diverse clinical roles.

Tracking progress, building confidence
One of EU ACME's most valuable tools is the **MyCME portfolio**, used by more than **7,600 clinicians in 2025**. This digital record transforms scattered learning moments into a cohesive picture of professional growth.

For many, logging activities is not simply administrative—it is a quiet affirmation of progress. It reinforces a sense of direction and helps clinicians recognise the investment they are making in themselves, their profession, and their patients.

This structured documentation also plays a vital role in **recertification**, particularly as EU ACME increasingly supports **FEBU diploma holders**. With **60% of newly certified FEBU specialists** already part of the programme in 2025, EU ACME has become an essential partner in maintaining high standards across European urology.

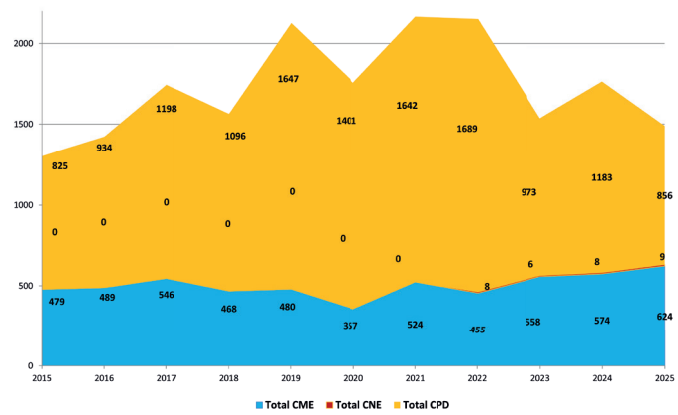
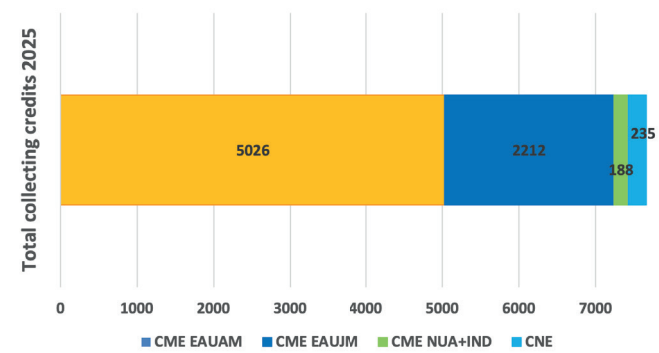
Strengthening training environments
EU ACME's impact extends beyond individual learning. Through its involvement in the **EUSP Host Centre Certification Programme**, it helps ensure that training sites across Europe provide high quality, structured learning environments. Between 2023 and 2025, **160 professional training visits** took place, most in certified centres renowned for excellence.

These environments are where future specialists refine their skills, observe advanced techniques, and build the foundations of their professional identity.

The human side of continuous improvement
Behind every accredited activity and logged credit is a personal moment of growth such as:

- A trainee gaining confidence through a new competency,
- A nurse mastering a technique that improves patient comfort,
- A senior clinician embracing new perspectives after years of practice.

EU ACME weaves these moments into a cohesive journey—one that transforms professional obligations into meaningful steps toward becoming a better clinician.

Growing clinicians, enriching care
Ultimately, the true value of EU ACME lies in what continuous learning brings to patients: more informed decisions, safer procedures, and more compassionate care. As medical science evolves, so must the professionals who deliver it.

Every time a clinician enters a workshop into MyCME before heading home, they reaffirm a simple truth: **Excellence is not an endpoint—it is a commitment, renewed every day**.